

PARENT QUICK START

A plan you can adjust

Use the routine sheet, the schedules, or just the page you need.

Start with what already happens

You will need a pencil and a printed page, or a PDF form viewer.

On the routine sheet, choose three familiar moments to anchor the day.

Example: after breakfast, read together; after lunch, take a movement break.

Build a day that has breathing room

On the daily schedule, use clock times or words such as “first” and “next.”

Example: first | reading | library book. Next | math | counters and pencil.

Include breaks and meals. You do not need to fill every row.

Look at the week before filling it

Add appointments and other commitments, then choose your learning plans.

Example: Tuesday | nature walk and sketch | notebook, pencil, water.

Use the weekend / flex row for a weekend plan, catch-up time, or rest.

Choose your file

Printable PDFs: blank pages for handwriting. No interactive fields.

Fillable schedule PDF: type in the boxes, save a copy, close it, and reopen it to confirm your entries saved. Use short notes so the text stays visible.

A fillable PDF lets you enter plans; it does not let you redesign the page.

Want to change the layout?

The SVG source files contain editable text, lines, and boxes. Open them in an SVG editor such as Inkscape. These are fully editable page sources; interactive PDF fields are supplied separately in the fillable schedule.

Print only the pages you need, at actual size on 8.5 × 11-inch paper.